



Melcombe Primary School Relationship & Sex Education Policy

Reviewed by: Carol Campbell

Date adopted: 21/03/2019

Signed Emma Anderson

Date 21.3.19

Emma Anderson
Chair of the Governing Board

Date for Review: 21/03/2021

Aims and Objectives for Relationship and Sex Education

The aim of RSE is to provide children with age appropriate information, explore attitudes and values and develop skills in order to empower them to make positive decisions about their health-related behaviour.

This should take place with the consideration of the qualities of relationships within families.

The objectives of Relationship and Sex Education are:

- To provide knowledge and information to which all pupils are entitled
- To clarify/reinforce existing knowledge
- To raise pupils' self-esteem and confidence, especially in their relationships with others
- To help pupils understand their sexual feelings and behaviour, so they can lead fulfilling and enjoyable lives
- To help pupils develop skills (language, decision making, choice, assertiveness) and make the most of their abilities
- To provide the confidence to be participating members of society and to value themselves and others
- To help gain access to information and support
- To develop skills for a healthier lifestyle
- To develop and use communication skills and assertiveness skills to cope with the influences of their peers and the media

- To respect and care for their bodies
- To be prepared for puberty and adulthood

Moral and Values Framework

Relationship and Sex Education will reflect the values of the PSHE and Citizenship programme. RSE will be taught in the context of relationships. In addition, RSE will promote self-esteem and emotional health and wellbeing and help children form and maintain worthwhile and satisfying relationships, based on respect for themselves and for others, at home, school, work and in the community.

The Teaching Programme for Relationship and Sex Education Legal Requirements

All schools must teach the following as part of the National Curriculum Science Orders. Parents do not have the right to withdraw their child/children.

National Curriculum Science

Key Stage 1

1. that animals, including humans, move, feed, grow and use their senses and reproduce.
2. to recognise and compare the main external parts of the bodies of humans.
that humans and animals can reproduce offspring and these grow into adults.
3. to recognise similarities and differences between themselves and others and
4. treat each other with sensitivity.

Key Stage 2

1. a) that the life processes common to humans and other animals include nutrition, growth and reproduction.
2. f) about the main stages of the human life cycle
 - Every child is entitled to receive RSE, regardless of ethnicity, gender, religion, age, culture, disability, sexuality, languages, special needs or being disadvantaged or a looked after child.
 - It is our intention all children have the opportunity to experience a programme of RSE at a level appropriate for their age and physical development with differentiated provision if required.

Such a programme can successfully follow the outline given below:

Foundation

Children learn about the concept of male and female and about young animals. In on-going PSHE work, they develop skills to form friendships and think about relationships with others.

Key Stage 1

Through work in science, children learn about life cycles of some animals, understand the idea of growing from young to old and learn that all living things reproduce. They learn about the importance of personal hygiene to maintain good health. In RE and Citizenship, children reflect on family relationships, different family groups and friendship. They learn about rituals and traditions associated with birth, marriage and death and talk about the emotions involved.

They begin to co-operate with others in work and play and begin to recognise the range of human emotions and ways to deal with them.
They also learn about personal safety.

Key Stage 2

In science, children build on their knowledge of life cycles and learn about the basic biology of human reproduction, including birth of a baby, in Years 5 and 6.

Children are taught about the physical, emotional and social changes at puberty, which include personal hygiene. In RE and Citizenship, they continue to develop an understanding of relationships within a family, between friends and the community and that there are different patterns of friendship. They will develop the skills needed to form relationships and to respect other people's emotions and feelings. They will consider how to make simple choices and exercise some basic techniques for resisting pressures.

Relationship and Sex Education should focus on the development of skills and attitudes, not just the acquisition of knowledge.

The content has been agreed in consultation with governors, parents and teaching staff.

The Organisation of Relationship and Sex Education

Carol Campbell is the designated teacher with responsibility for coordinating Relationship and Sex Education.

Relationship and Sex Education is delivered through science, RE, PSHE, Citizenship, Literacy and Circle Time. Relationship and Sex Education is taught by classroom teachers, teaching assistants and, if appropriate, outside visitors, such as the school nurse.

A range of teaching methods which involve children's full participation are used to teach Relationship and Sex Education. These include video, discussion, looking at case studies, drama and roleplay.

Relationship and Sex Education is usually delivered in mixed gender groups and single gender groups if this is more appropriate and relevant.

Resources to teach Relationship and Sex Education include fiction, reference books, leaflets and extracts from videos.

Relationship and Sex Education is monitored and delivered by the Senior Leadership Team and attached Governor as part of the school's development plan. As a result of this process, changes will be made to the Relationship and Sex Education programmes as appropriate.

Specific Issues

- **Parental Consultation**

The school includes information on Relationship and Sex Education in the school prospectus and full details are available on request.

The school informs parents when aspects of the Relationship and Sex Education programme are taught and provides opportunities for parents to view the videos and resources being used.

Parents have the right to withdraw their children from those aspects of Relationship and Sex Education not included in the National Curriculum Science Orders. However this rarely happens; by working in partnership with parents, they recognise the importance of this aspect of their child's education.

- **Child Protection / Confidentiality**

Teachers need to be aware that effective Relationship and Sex Education, which brings an understanding of what is and is not acceptable in a relationship, may lead to disclosure of a child protection issue.

The staff member will inform the Head Teacher/Designated Child Protection person in line with the LEA procedures for child protection.

A member of staff cannot promise confidentiality if concerns exist.

- **Links with Other Policies**

This policy is linked with the following policies:

Equalities, Diversion and Inclusion Policy
Safeguarding and Child Protection Policy
Behaviour Policy -
Positive Behaviour Policy (incorporating Anti-bullying)

These can be found on Melcombe Primary School's website.

- **Dealing with Difficult Questions**

Ground rules are essential to provide an agreed structure to answering sensitive or difficult questions. This framework facilitates the use of an anonymous question box as a distancing technique.

Teachers will endeavour to answer questions as honestly as possible but if faced with a question they do not feel comfortable answering within the classroom, provision would be made to meet the individual child's needs.

- **Use of Visitors**

'Visitors should complement but never substitute or replace planned provision. It is the PSHE Co-ordinator's and teacher's responsibility to plan the curriculum and lessons.' Relationship and Sex Guidance DfEE 0116/2000 P29 6.11.

When appropriate, visitors such as the school nurse may be involved in the teaching of Relationship and Sex Education, particularly in Key Stage 2.